Le Spa Zen SIGNATURE SPA RITUALS

LE SPA ZEN ESSENTIAL BLISS

Duration: 2 hours 30 minutes (150 minutes) Price: THB 2,200

A perfect introduction to the Le Spa Zen experience. This ritual gently prepares the body through warmth and water relaxation before guiding you into a state of deep calm with a soothing aromatherapy massage. Ideal for first-time guests or anyone seeking pure relaxation, it restores balance, eases muscular tension, and leaves the body light and relaxed.

Includes:

- Steam Room or Sauna 30 minutes
- Relaxing Jacuzzi Bath 30 minutes
- Aromatherapy Massage 90 minutes

ALOE SUNSET RECOVERY RITUAL

Duration: 2 hours 30 minutes (150 minutes) Price: THB 2,350

Designed to comfort and restore after sun exposure, this ritual focuses on soothing the skin and calming the body. The warmth of the steam room and the gentle relaxation of the jacuzzi prepare the body for a nourishing aloe vera massage, helping to hydrate, cool, and rebalance the skin after beach or pool time.

Includes:

- Steam Room 30 minutes
- Relaxing Jacuzzi Bath 30 minutes
- Sunset-Kiss Aloe Vera Massage 90 minutes

ZEN BODY GLOW RITUAL

Duration: 2 hours 30 minutes (150 minutes) Price: THB 2,750

A revitalizing ritual dedicated to skin renewal and nourishment. After warming the body, a Thai herbal scrub with warm oils gently exfoliates and stimulates circulation. The journey continues with a hydrating milk massage, leaving the skin smooth, radiant, and deeply nourished while the body and mind fully unwind.

Includes:

- Steam Room 30 minutes
- Relaxing Jacuzzi Bath 30 minutes
- Body Glow Scrub with Thai Herbs & Oils 30 minutes
- Hydrating & Moisturizing Milk Massage 60 minutes

THE ZEN RECOVERY FLOW

Duration: 3 hours (180 minutes) Price: THB 2,850

Inspired by traditional Thai wellness practices, this ritual focuses on restoring balance and releasing accumulated tension. Heat and water relaxation prepare the body before a traditional Thai massage works deeply into muscles and energy lines. The experience finishes with an Indian head massage, calming the nervous system and grounding the mind.

Includes:

- Steam Room or Sauna 30 minutes
- Relaxing Jacuzzi Bath 30 minutes
- Traditional Thai Massage 90 minutes
- Indian Head Massage 30 minutes

Each ritual at Le Spa Zen is thoughtfully designed to invite you to slow down, let go, and enjoy the luxury of time, care, and serenity.

All prices are subject to 7% government tax and 10% service charge.

Le Spa Zen SIGNATURE SPA RITUALS

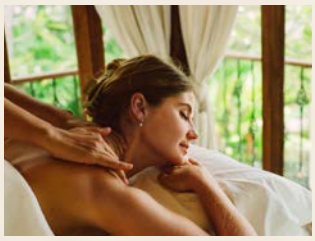
SPORT & RELEASE RITUAL

Duration: 2 hours 40 minutes (160 minutes) Price: THB 3,150

Created for active guests and those experiencing muscular tension, this invigorating ritual combines heat, contrast therapy, and deep massage. The sauna and jacuzzi prepare the muscles, followed by a refreshing ice bath to stimulate circulation. A focused sport massage completes the ritual, helping to release deep-seated tension and restore physical vitality.

Includes:

- Sauna 30 minutes
- Relaxing Jacuzzi Bath 30 minutes
- Cold Ice Bath 10 minutes
- Sport Massage 90 minutes



GLOW & RESTORE RITUAL

Duration: 3 hours (180 minutes) Price: THB 3,700

A complete body ritual combining exfoliation, detoxification, and deep relaxation. The skin is gently renewed with a Thai herbal scrub, followed by a nourishing clay mask and wrap to purify and rebalance. A flowing aromatherapy massage completes the experience, leaving the skin refreshed and the body profoundly relaxed.

Includes:

- Steam Room 30 minutes
- Relaxing Jacuzzi Bath 30 minutes
- Body Clay Mask & Wrap 30 minutes
- Body Glow Scrub with Thai Herbs & Oils 30 minutes
- Aromatherapy Massage 60 minutes

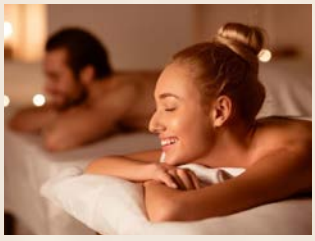
DEEP RELEASE FOUR HANDS RITUAL

Duration: 3 hours (180 minutes) Price: THB 3,950

A powerful signature ritual offering an exceptional level of relaxation. Two therapists work in perfect harmony during a four-hands aromatherapy massage, creating a deeply immersive and rhythmic experience that releases physical tension and quiets the mind. The ritual concludes with an Indian head massage for complete mental and physical release.

Includes:

- Steam Room or Sauna 30 minutes
- Relaxing Jacuzzi Bath 30 minutes
- Four Hands Aromatherapy Massage 90 minutes
- Indian Head Massage 30 minutes



ULTIMATE COUPLE BLISS (For Two)

Duration: 2 hours 30 minutes (150 minutes) Price: THB 4,850 per couple

A romantic spa journey designed for couples to relax and reconnect together. Shared heat and water relaxation gently prepare the body, followed by a long aromatherapy massage performed side by side. A perfect experience for couples seeking calm, closeness, and a meaningful moment of relaxation. An intimate escape where time slows down, allowing body, mind, and connection to fully unwind.

Includes:

- Steam Room 30 minutes
- Relaxing Jacuzzi Bath 30 minutes
- Aromatherapy Massage 90 minutes

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BOUTIQUE RESORT & SPA